

Assessment and Care Planning - helping people take control

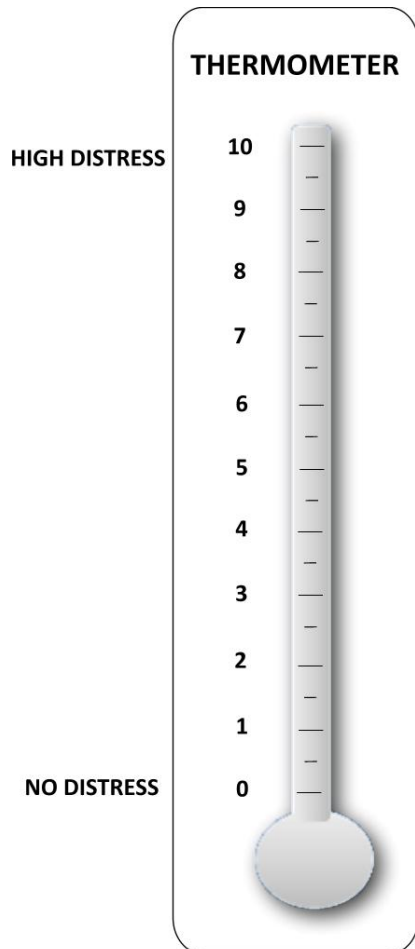
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The Assessment, Care Planning (ACP)

Four defined areas:

- » Assessment and Care Planning
- » Treatment Record Summary
- » Cancer Care Review
- » Hand Held Record

Distress Thermometer



- Physical Concerns
- Practical Concerns
- Family/relationship concerns
- Emotional Concerns
- Spiritual or Religious Concerns
- Lifestyle and information needs

Patients identified improvements in:

Relationship with clinicians

Identifying issues

Enabling thinking

Releasing anxiety

Contact details

Ease of understanding

Feeling of wellbeing

Gain perspective

Felt cared for

Information

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CANCER SUPPORT**

be.macmillan.org.uk

**ASSESSMENT
AND CARE
PLANNING
FOR PEOPLE
WITH CANCER**

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 cancerbackup

Macmillan and Cancerbackup have merged.
Together we provide free, high quality information for all.

- Holistic Needs Assessment for People with Cancer: a practical guide (2011)
www.ncat.nhs.uk
- The guide provides practical advice
- Examples of assessment tools and case studies
- It covers several topics to help you get started

Treatment Summary

- Summary of Treatment and relevant dates:
- **Possible treatment toxicities and / or late effects:**
- Alert Symptoms that require referral back to specialist team:
- Ongoing Management Plan:
- **Summary of information given to the patient about their cancer and future progress:**
- Required GP actions in addition to GP Cancer Care Review

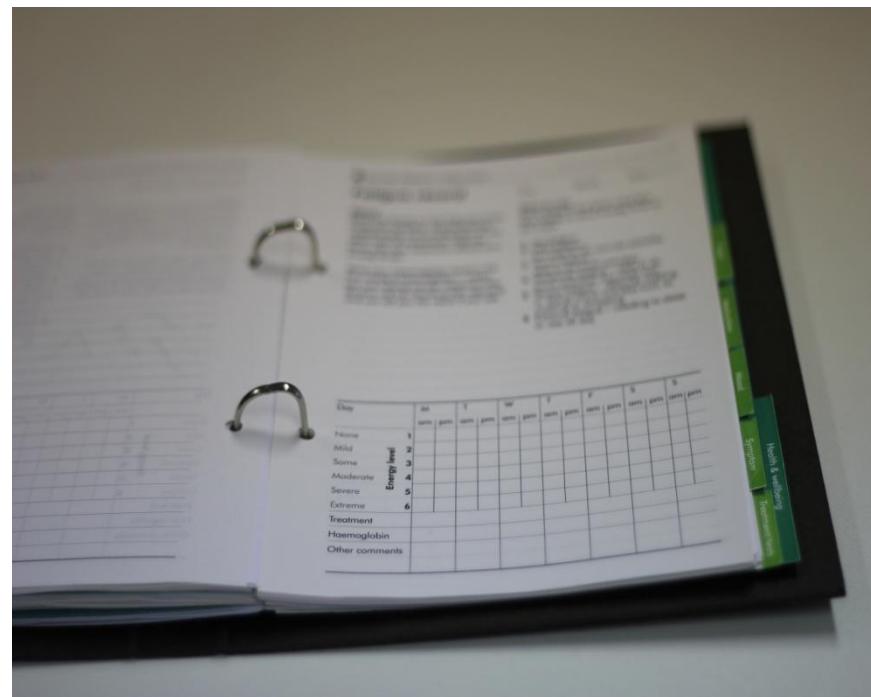
Cancer Care Review

Opportunity to Discuss:

- post-treatment with GP - assessment and care planning
- financial impact of cancer
- patient awareness of prescription exemptions
- possible late effects of cancer and cancer treatment
- Information needs in primary care

Hand Held Record

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Macmillan organiser



- A practical tool to help people cope and signpost to other information and support services
- Allows people to record:
 - Contacts NHS number
 - Appointments/investigations
 - Mood symptom, food diaries
 - Medications, side effects and treatment lists
 - Questions to ask



“I feel like my whole life has been thrown up into the air, chopped in a million pieces and is now on the floor in front of me. How do I make sense of this? Where do I start?”

Contact Details

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- www.ncsi.org.uk
- www.improvement.nhs.uk
- www.dh.gov.uk
- www.ncat.nhs.uk